

Oswegatchie Elementary School Newsletter

470 Boston Post Road, Waterford, CT 06385 Phone: 860-442-4331 Fax: 860-447-6261 osw.waterfordschools.org



Friday, September 8th, 2023

School Hours 8:25 a.m. - 3:10 p.m.

FROM THE HEALTH ROOM

Welcome to a New School year from the health Room of Oswegatchie!

A few reminders for new and returning parents please:

Please provide a complete and seasonally appropriate change of clothing for your child AT ALL TIMES. The Health Room does not have ANY clothing to support your child in this regard. We will otherwise contact parents during the work day to provide, unless your child has clothing in school. Please send a supply in a bag with your child's name/and have them keep it in their cubbies here at school. DO NOT have them take it back and forth to school in their back pack each day as it invariably gets taken out, especially when it is needed.

Please communicate with the Health Room if your child is absent due to illness or injury. You may call the main office number and ask to be trans-ferred to the nurse (860-442-4331). Or you may email wdoyon@waterfordschools.org to notify.

Please do not have your child transport medication of ANY kind to and from school. ALL medications must be provided by a parent direct to the Health Room and must have a completed medication authorization signed by physician and parent in order to be administered at school.

Thank you, Wendy Doyon RN

Helpful hints from the main office:

Please make sure any bus or dismissal changes are emailed to both myself kkerwin@waterfordschools.org AND the classroom teacher.

<u>Please don't make any dismissal changes after 12:30pm unless it is an</u> <u>unavoidable emergency.</u>

The newsletter will be emailed every Friday, and is chock full of helpful information from calendars, to lunch menus, to local events. Please take a few minutes each week to read through it. If you are not receiving emails and should be, please contact me so I can make the necessary changes.

If there are any changes to your phone number, email, address, permissions to pick up, etc please communicate those to the office as soon as possible.

THANK YOU!! Please feel free to call or email if there is anything I can help you with! ~~Kathy Kerwin Oswegatchie Office Secretary Joseph Macrino Principal jmacrino@waterfordschools.org Kathy Kerwin Secretary kkerwin@waterfordschools.org Wendy Doyon School Nurse wdoyon@waterfordschools.org

Today your student is bringing home an Emergency Contact Form. Please take a few minutes to review the information, make any corrections if needed, sign the bottom and return to school as soon as possible. THANK YOU!



SAVE THE DATE:

Sept. 19 5:15pm OSO Meeting (Virtual only)

Sept. 21 4:30pm-6:30pm OSO BBQ

Sept. 25 No School

Oct. 11 School Picture Day

Oct. 17 OSO Meeting (virtual and in person)



School Meals and WPS Device Protection with Our New Payment System!

Dear Parents and Guardians,

We've teamed up with MySchoolBucks, an online service where you can easily and securely pay for school meals and WPS Device Protection using a credit/debit card or electronic check.

Using MySchoolBucks you can:

- Add funds to your student's meal account
- View meal balances & cafeteria purchases
- Receive low balance alerts
- Purchase WPS Device Protection for your child's school issued device for the

2023-24 school year

Easily pay online for school meals and WPS Device Protection for students in Grades 4-12! Create your free MySchoolBucks account to conveniently and securely pay online or download the mobile app to make payments from anywhere!

Get Started Today:

- 1. Go to myschoolbucks.com or download the mobile app
- 2. Create your free account and add your students using their school name / student ID
- 3. Add funds to your student's meal account or add items from the School Store section
- 4. Check out using your credit / debit card or electronic check (A program fee may apply)

Thank you,

WPS Food Services and WPS IT Department

Welcome back from the OSO!



The **Oswegatchie School Organization** (aka "PTA" in other schools) is open to any parent, guardian or other caregiver for a current student attending Oswegatchie School. The OSO mission is "to promote closer relationships between home, community and Oswegatchie School by fostering open communication, faculty and family support and educational and recreational enrichment for students."

We welcome everyone in the Oswegatchie School community to be involved with the OSO. We understand that in our busy world, volunteering adds another "to-do" on your list, but we believe that everyone in this community has something to offer. Please feel free to contact any of us below with ideas, thoughts and questions.

Here is our monthly meeting schedule for the rest of 2023. <u>All meetings</u> <u>are at 5:15pm.</u>

- Tuesday, September 19 (virtual only)
- Tuesday, October 17 (hybrid in-person and zoom)
- Wednesday, November 15 (hybrid In-person and zoom) Wednesday, December 13 (Hybrid - In-person and zoom)

We encourage you to come to meetings to see what we are planning and share your ideas! Any inquiries may be sent to the OSO email: oswegatchieschoolorg@gmail.com

Board members for school year: President – Deb Moshier-Dunn Vice President – Doris Crum Treasurer – Karen Barnett Secretary – Jessica Vargas

Find "Oswegatchie School Organization" on Facebook and "Like" the OSO page to see updates and announcements. Find other important info about the OSO at our website: **bit.ly/OSOwebsit**e



Cool Things YOU Do!

We recognize that members of the Oswegatchie School community have many interests, skills and talents that they may wish to share with the students at Oswegatchie School. The Oswegatchie School Organization (OSO) is creating a directory of people who may want to share their interests, skills and talents with students.

Some ideas that adult members of our school community may share:

- Travel and cultural experiences; unique work experiences
- Hands-on work experience or hobbies (e.g., wood working)
- STEM knowledge
- Arts and Crafts
- Sports



Contact Information (please write clearly)

Name & Address:_____

Email Address: _____

Best contact number: _____

Relationship to Oswegatchie School student (circle one):



Parent of current student Grandparent of current student Caregiver of current student Parent of past student Alumni Other: _____



Please provide a short description of the interest, skill or talent you would like to share:

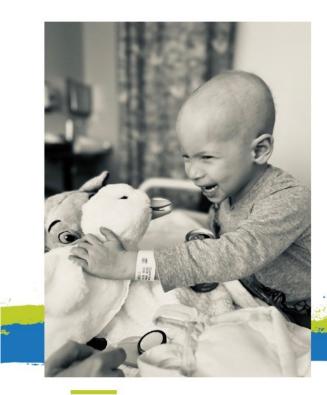
Grade level that you feel comfortable sharing with. Circle all that apply: Pre-school Grades K-2 Grades 3-5

You may also share this information with us by emailing oswegatchieschoolorg@gmail.com.

Every year, 18,000 patients are diagnosed with life-threatening blood cancers or other blood disorders that could be cured or treated with a blood stem cell transplant. But 70% of them don't have a fully matched donor in their family. They depend on Be The Match[®] to find an unrelated donor. *Adapted from //my.BeTheMatch.org/strongestboy*

The Waterford community, including families within our district (see below), have been impacted by these cancers and are looking to raise awareness regarding the Be The Match[®] program and the need for donors for bone marrow transplants.

Please visit <u>//my.BeTheMatch.org/StrongestBoy</u> for more information on this life saving program and for the process to become a donor.



YOU COULD BE THE CURE FOR TIAGO

Tiago, Waterford, CT searching patient

Join the Be The Match Registry® on behalf of Tiago today!







September 21 4:30 pm- 6:30pm at OSW







Oswegatchie Grade Level T Shirts

Each grade level at Oswegatchie has color coordinated class shirts which are used for school events, field day, and field trips. This year the OSO will provide shirts for students new to Oswegatchie. This includes any new Pre K, Kindergarten, and new to our school students at no cost.

Additional or replacement shirts can be ordered for returning students for \$10.

Please complete the following form, print out and give to our School Secretary, Kathy Kerwin, with your check to order a t-shirt.

Student Name:		
Grade:	Class:	
Parent/ Guardian Contact:		
Size (Youth XS-L, Adult S-L):		

Check one:

My child is new to Oswegatchie this year (shirt provided at no cost)

_ This is a replacement/ extra shirt and I have enclosed \$10 (checks to OSO)

The Camp Harkness Foundation Presents ...



SATURDAY SEPTEMBER 16TH 2023



K-9 DEMONSTRATION

OPEN TO THE PUBLIC! \$5.00 DONATION PER VEHICLE

CASH ONLY

All proceeds will go to the Camp Harkness Foundation to support projects including updating our playscape!

Check out Camp Harkness Foundation page for more updates!

Camp Harkness

301 Great Neck Rd

Waterford, CT 06385





Waterford Professional Firefighters Association Local 4629



Wiffle Ball Tournament

Saturday, September 30, 2023 I0:00 am start 45 Dayton Road Waterford CT, 06385 Usa Dedrick Memorial Field 16-team Double Elimination \$100.00 per team (\$25.00 per person) Gontact Ronnie Williams to register

Great Family Fun, Food Trucks and Raffle

Register by 09/15/2023

Checks made payable to Waterford Professional Firefighters Association (WPFFA)

P.O. Box 278 Waterford CT, 06385

Rain Date Sunday October 1, 2023



FAMILY PROGRAM

Saturday, September 30, 2:30PM - 4:30PM IN PERSON A Celebration of Hispanic Heritage Month

Come and celebrate Hispanic Heritage Month with us today. Join us for food, dancing, crafts and fun! Co-sponsored by Mujeres Entre Cultura (" Women Between Cultures"), Esperanza Latina & Latinos Unidos de Waterford.





September is Library Card Sign-Up Month! Did you know Waterford residents of all ages, including infants, can get a Waterford Public Library card? If you live in a different town, you can add in your library card from your home town and use it to check out materials here as well. Stop by the library to find out everything you can access with your library card – all for free!





Pencil Craft Sept 2 to Sept 15

Scarecrow Sept 16 to Oct 6

Pick up supplies in the Children's Room to make Grab & Go crafts at home, while supplies last. Step-by-step video tutorial on our Facebook page (@waterfordpubliclibrary).

Saturday, September 9, 10:30AM - 11:00AM Sign and Sing

No Family

Storytime

with

Ms. Jenna

in September.

Join Ms. Janine for our first session of Sign and Sing! This fun storytime will include basic signs that both children and their caregivers will benefit from knowing. For ages birth to 5, no registration required. Thank you to CT Humanities for providing funding for this program.



DROP IN CRAFTS

Monday, September 11, 4:00 PM - 6:30 PM Drop In Craft: Handprint Tree Craft As we transition into the colorful world of autumn, join us in the Children's Room between 4:00 and 6:30 pm to make a vibrant 3D Handprint Tree Craft. Ages 6 to 12.



Tuesday, September 12, 4:00 PM - 6:00 PM Drop In Creation Station Stop by the Children's Room anytime between 4:00 and 6:00 pm for a fun craft and to get your creativity flowing! For this session we will be creating a piece to



celebrate the beginning of the school year. Recommended for ages 5 and up. No registration required.

Monday, September 25, 4:00 PM - 6:30 PM Drop In STEM Adventure: Paper Helicopter Calling all future aviators! Join us in the Children's Room on anytime between 4:00 and 6:30 pm to create Paper Helicopters that spin, twirl, and take flight with a touch of your creativity and your engineering minds. Ages 6 to 12.



LEGO

CLUB

Tuesday, September 26, 4:00 PM - 6:00 PM LEGO Club

Drop in anytime between 4:00 and 6:00 pm to build with some LEGO sets! No registration required, recommended for ages 5 and up.

Thursday, September 28, 4:30 PM - 5:30 PM DIY Instruments

Ready to create, play, and dance? Join us for this DIY instrument program in which kids will learn how to make percussion instruments from recycled materials! Registration required. Recommended for children ages 6-12 years. All materials will be provided.



TEEN CORNER

Thursday, September 7, 5:30 PM - 7:00 PM Craft Night

Time to get crafty! During this session we will be making an adorable stuffed felt fox and an autumn acorn or leaf. Recommended for ages 11 and up, registration is required.



Thursday, September 21, 5:30 PM - 7:00 PM Teen Drop In Craft Stop by the Teen Section of the

library to make a Hobbit Hole card in honor of Hobbit day! Drop in anytime between 5:30 and 7:00 p.m. No registration required.



Friday, September 15, 11:00 AM - 12:00PM Toddler Apple Tree and Core Craft Join us for a fun-filled crafting session where little hands transform paper plates into adorable apple and core masterpieces. Mrs. Sharma will start the session with a short story! For ages 3 to 5 years old, No registration is required.



Wednesday, September 20, 11:00 AM - 11:45 AM Toddler Art

Time to get creative (and maybe a little messy)! This hands on art session is for young ones to explore through process art with the help of their adult. Mrs. Marshall will start the session with a short story! For ages 3 to 5 years old, registration is required. This program will take place downstairs in the Meeting Room.

To keep up with all our activities follow us



@waterfordpubliclibrary



@waterfordlibraryct

Either call the library to register or go to our Calendar of Events page on our website. www.waterfordpubliclibrary.org 860-444-5805, Adult Ext 2, Youth Services Ext. 3

<u>Urgent</u> response for children's mental health crises.

- Thoughts of suicide or self-injury
- Feelings of depression, anxiety or hopelessness
- Out-of-control behaviors
- Substance misuse
- Any mental health crisis

No appointment needed

At the four walk-in Urgent Crisis Centers (UCC) for children and adolescents ages 18 and under, trained staff will:

- Ø De-escalate the crisis
 - Complete an evaluation
 - Connect youth to services

Urgent Crisis Centers



1680 Albany Avenue, Hartford, CT 06105 (860) 297-0520 thevillage.org/UCC



141 East Main Street, Waterbury, CT 06702 (203) 580-4298 wellmore.org/urgent-crisis-center



255 Hempstead St, New London, CT 06320 (860) 437-4550 childandfamilyagency.org/urgent-crisis-center

YaleNewHavenHealth Yale New Haven Children's Hospital

20 York Street, New Haven, CT 06510 (203) 688-4707 ynhh.org/childrens-hospital/ services/emergency-services

If a youth needs immediate medical attention, call 9-1-1 or go to the nearest hospital.

In partnership with:



UCFS Healthcare

UCFS Healthcare's School-Based Health Centers and Your School!

The UCFS school-based health centers (SBHC) are a doctor's office inside of your school. The services are provided by an APRN (advanced practice registered nurse)/PA (Physician Assistant) and licensed behavioral health clinician who are experts in adolescent health and are employed by UCFS. The intention of the UCFS SBHC is to supplement the care your child receives at their pediatrician's office.



Services Provided

- Yearly well-child examinations Vaccinations
- Sports physicals
- Acute care visits (e.g. sick visits, lacerations, injuries, etc.)
- Chronic care visits (e.g. asthma, ADHD, etc.)
- Mental Health Assessments
- Substance Abuse Screenings
- Counseling (individual, group, and family)

Top 5 Reasons to use the

School-Based Health Center

- Convenient same day appointment.
- Removes barriers to care such as lack of transportation.
- Decreases time away from the classroom which improves
- academic success.
- Improves student's achievement by taking care of behavioral health needs that can make learning difficult.
- Connects students and their families with insurance coverage.

Referrals are easy...

- Behavioral Health Referrals can come from students, teachers, counselors, administrators as well as parents/guardians of students. Medical visits can be coordinated through the school nurse or directly with our family engagement/medical assistant.
- Working collaboratively with school personnel, families, and local youth services has helped to maximize student support.

To learn More...

School-Based Health Centers are located at Waterford High School and Clark Lane Middle School and are open to all Waterford Public School students.

scan here to learn about the school-Based Health Center at your school! SBHC line - 860-822-2803



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CENTER OF EXCELLENCE FRETEACHING AND LEARNING



MONTHLY VIRTUAL TRAINING SESSIONS

PARENT TRAINING INSTITUTE Sept. 2023 - June 2024

PURPOSE: THE SCSU Parent Training Institute will offer monthly virtual training sessions, and helpful resources on a range of topics that can help parents support their child's academic, social, and emotional development.

- WHO: Open to parents of children of all ages.
- WHERE: All parent workshops will be held virtually.
- HOW: Our online workshops will be recorded for use by registered attendees, including those who are unable to attend live.
- WHEN: Starts September 26, 2023. Runs monthly on Tuesdays between 7.00 pm to 8.30 pm.
- CERTIFICATE: Every registered attendee will receive a "certificate of completion."
- COST: \$100 including full access to 10 live and recorded workshop series.
- For more information, email Dr. Olcay Yavuz at yavuzo1@southernct.edu

REGISTER HERE: https://bit.ly/3MMxOzF

PROGRAM DATES/TOPICS:

2023:

September 26 @7pm	Understanding the USA Education System: Parents' Rights and Re	sponsibilities
October 24 @7pm	Raising College-Ready Children	
November 21 @7pm	Understanding College Funding, FAFSA, Scholarship Opportunitie	es and Loan Types
December 12 @7pm	Helping Your Child Become Career & Job Ready (Resume, Career I	Branding, Interview)
2024:		
January 30 @7pm	Protecting Your Child from Harassment, Intimidation, and Bullying	5
February 27 @7pm	Utilizing English Second Language Learner, Special Education, and	Student Services
March 26 @7pm	Supporting Your Children's Executive Functioning, 21. Century and	l Soft Skills
April 23 @7pm	The Roles of Parents to Plan Effective Summer Programs for	
	Children and Youths	Aurilian Descelar
May 28 26 @7pm	Raising Socially, Mentally and Emotionally Strong Children	
June 11 @7pm	Dealing with Drug Internet Addiction, and Cyberbullying	





Special Olympics Connecticut

Tuesday, September 12, 2023

Members of the Waterford Police Department will be pulling an Avelo Airlines Boeing Next-Generation 737 Jetliner a distance of 20 feet to fundraise for the Connecticut Special Olympics.

If you are interested in donating, please go to the following linkhttps://give.soct.org/team/518879

Waterford Historical Society Presents:

Autumn in 1850s Waterford

HARVEST TO

HEARTH

SEPT. 9th 10 am - 1 pm

Demonstrations! The Jordan Green Waterford, Conn. Free Admission! **Donations Gladly Accepted**

FEATURING LIVING HISTORY ACTIVITIES BY

Dirty Blue Shirts:

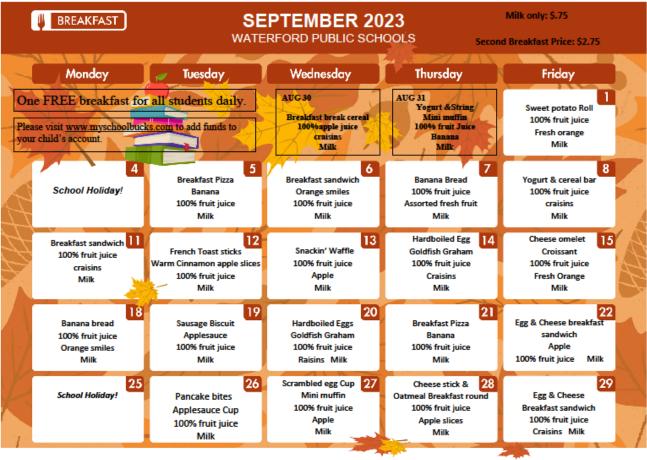


Blacksmithing

Blue Shirts

Unending Bounty: Preserving the Harvest Creature Comforts: Quilts, Flannels, & Knits Pumpkin Sweet: The Heirloom Apples of Our Past

> dirtyblueshirts.com www.waterfordcthistoricalsociety.org



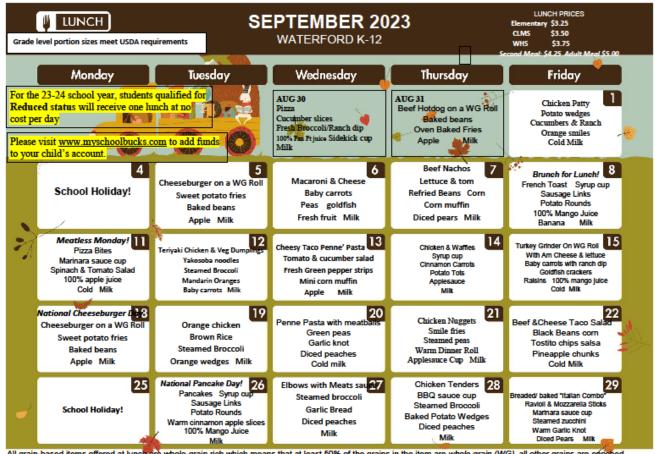
ALL Grain-based items offered at breakfast are Whole Grain Rich which means that at least 50% of the grains in the items are whole grain and all other grains are enriched

Milk Choices: 1% white or Fat Free Flavored

A variety of breakfast options offered daily

• All breakfast includes 1 cup of fruit

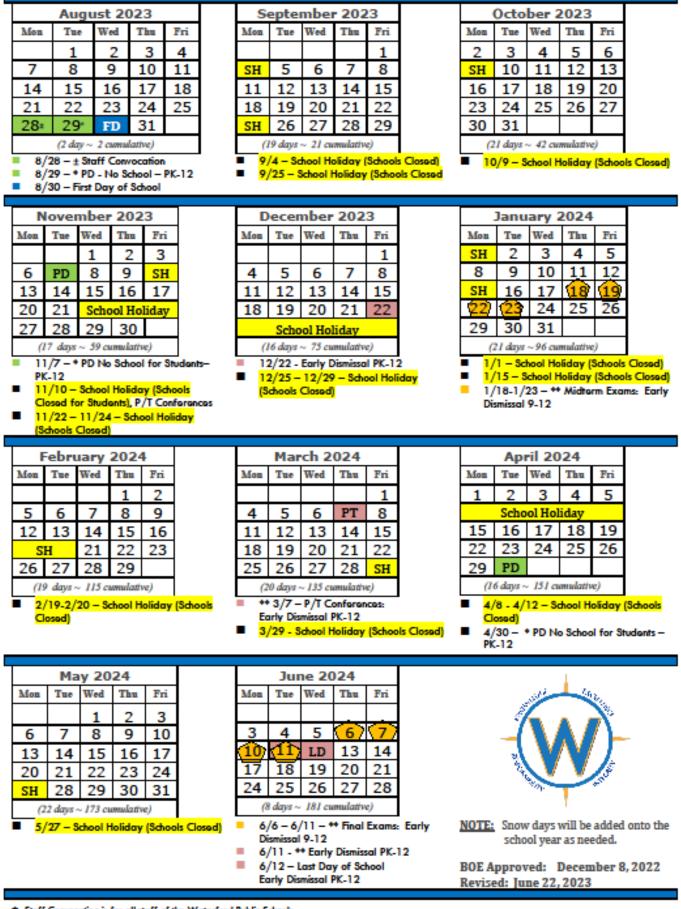
Menu subject



All grain-based items offered at lunch are whole-grain rich which means that at least 50% of the grains in the item are whole grain (WG), all other grains are enriched A VARIETYOF FRESH FRUITS OFFERED DAILY "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness" Alternate Choice Yogurt Meal available daily = Yogurt, Mozzarella string cheese, baby carrots, craisins, goldfish crackers, dinner roll, milk
ese: 1% White or Fat Free Flavored THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER *Menus are subject to cha Milk choices: 1% White or Fat Free Flavored *Menus are subject to change

Waterford Public Schools

2023-2024



± Staff Convocation is for all staff of the Waterford Public Schools

Professional Development is for Administrators, Teachers, Paraprofessionals 8 AM-3 PM

** Full day for Paraprofossionals

2023-24 Elementary Letter Rotation Schedule

August 2023						
Mon	Tue	Wed	Thu	Fri		
		30	21			
		30 A	B			

September 2023				
Mon	Tue	Wed	Thu	Fri
				1
				C
	5	6	7	8
	D	A	в	С
11	12	13	14	15
D	A	в	С	D
18	19	20	21	22
Α	в	С	D	A
	26	27	28	29
	в	С	D	A

October 2023					
Mon	Tue	Wed	Thu	Fri	
2	3	4	5	6	
В	C	D	A	в	
	10	11	12	13	
	C	D	A	В	
16	17	18	19	20	
C	D	A	в	C	
23	24	25	26	27	
D	A	в	С	D	
30	31				
A	в				

N	November 2023					
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		1	2	3		
		C	D	A		
6		8	9			
В		C	D			
13	14	15	16	17		
A	в	С	D	A		
20	21					
В	C					
27	28	29	30			
D	A	в	C			

Γ	D	ecer	nber	202	3
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Γ					1
L					D
Γ	4	5	6	7	8
L	Α	в	C	D	A
Γ	11	12	13	14	15
L	в	C	D	A	в
Γ	18	19	20	21	22
L	С	D	A	В	C*

January 2024					
Mon	Tue	Wed	Thu	Fri	
	2	3	4	5	
	D	A	в	С	
8	9	10	11	12	
D	A	в	С	D	
	16	17	18	19	
	A	в	C	D	
22	23	24	25	26	
A	в	С	D	A	
29	30	31			
В	C	D			

February 2024				
Mon		Wed	Thu	Fri
			1	2
			A	В
5	6	7	8	9
C	D	A	в	С
12	13	14	15	16
D	A	в	С	D
		21	22	23
		A	в	С
26	27	28	29	
D	A	в	С	

	May 2024					
Mon	Tue	Wed	Thu	Fri		
		1	2	3		
		D	A	в		
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C	D	A	В	C		
13	14	15	16	17		
D	Α	в	С	D		
20	21	22	23	24		
A	в	C	D	A		
	28	29	30	31		
	в	С	D	A		

	March 2024					
Mon	Tue	Wed	Thu	Fri		
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в	C	D	A	В		
18	19	20	21	22		
C	D	A	В	C		
25	26	27	28			
D	A	В	С			

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2024

	Ju	ne 20)24	
Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
в	C	D	A	в
10	11	12		
C	D*	A*		

April 2024				
Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
D	A	в	C	D
15	16	17	18	19
A	в	С	D	A
22	23	24	25	26
В	C	D	A	в
29				
C				



No School * Early Dismissal